

**Wellbeing/Wellness Walks:** Every Wednesday, 10am – 11am. Countryside walks around Wigan & Leigh (please check our website for full location and walk details)

Coffee Mornings: Every Monday, 10am at WLCC

Christmas grid drawing club: 1st December 10.30am at WLCC

Male Carers Group Pasty & Pies Christmas do: 1st December 1pm at WLCC

Carers tea, scones & mince pies: 2nd December 1pm at WLCC

Carers welcome session: 5th December, 2pm – 7pm at WLCC

Stepping Out with the Ramblers – Manchester city centre Christmas walk: 6<sup>th</sup> December 11am.

Wigan and leigh hospice Light for a life, mince pie and hot chocolate walk: 6<sup>th</sup> December 5.30pm meet at WLCC

**Leigh film society at Spinners mill Carers Christmas films:** 7<sup>th</sup> 1pm and 20<sup>th</sup> 6pm December.

Co-op legal services support session: 7th December, 1pm at WLCC

Parent Carer Forum information session: 9th December 1pm at WLCC

Yoga: 13<sup>th</sup> December 1pm at WLCC

Christmas Knit and Natter: 13th December 10am at WLCC

Tea, Listen Connect Carers Support Group Christmas special: 23rd

December 10.30am at WLCC

In between Christmas and New Year's Carers coffee morning: 28<sup>th</sup>

December 10am at WLCC

Carers trip to Blackpool: 29th December, 10am pickup from WLCC

Men's groups Quizmas social: 30th December 1pm at WLCC

**Bookings MUST be made.** For further information or to book please call 01942 697885 or visit: <a href="https://www.wlcccarers.com">www.wlcccarers.com</a>