

Speaking with one voice for all carers in Wigan borough



Carers Week 2023

Carers Café Club

What's on

Support for Carers



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Carers Week 2023

Thank you to all of those who attended any of our events held over Carers Week, we hope you found them useful. The Carers Roadshow, in partnership with Wigan Borough Carers was such a huge success, as was the launch of our new Carers Café Clubs. Here's a selection of photos throughout the 2 week celebration....



Pop Up stall at Longshoot Health Centre



Carers Week Coffee Morning at Wigan and Leigh Carers, Hindley



Carers Week walk—Haigh Hall

Carers Roadshow on tour around Wigan & Leigh



Carers Week 2023



Carers Week Music Festival, Wigan



Carers Roadshow on tour around Wigan and Leigh



Carers Café Club



Carers Café Club

We've added all the future dates for our Carers Café Club in our events listing [on Facebook](#), all starting from the month of July.

You can pop into any of these local cafes to come and have a cuppa with us, have a chat and get any support or advice you might need.

This is really exciting for us a Charity, to work alongside these great coffee shop hosts providing local support so that people can 'stay local' (something that was identified in our most recent survey to carers).

We can't wait to see how this develops in the future
.....it's only the beginning!

Carers Café Club

Carers Café Club

<u>Date</u>	<u>Venue</u>	<u>Time</u>
Tuesday 4 th July 2023	Café Camaraderie, Tyldesley	9 am - 11.30 am
Tuesday 4 th July 2023	The Snug, Atherton	12.30 pm - 2.30 pm
Wednesday 5 th July 2023	Millage Canteen at Spinners Mill, Leigh	11 am - 1 pm
Friday 14 th July 2023	Wildmint Café, Appley Bridge	10.30 am - 12.30 pm
Wednesday 19 th July 2023	Postcode Café at the Edge	5 pm - 7 pm
Thursday 20 th July 2023	Embrace, Platt Bridge	10 am - 12 noon
Thursday 20 th July 2023	Ashland House Coffee Shop, Ince	1 pm - 3 pm
Friday 21 st July 2023	Armed Forces Community Hub, Molyneux House, Wigan	10 am - 12 pm
Thursday 27 th July 2023	Beehive Community Centre, Mosley Common	9.30 am - 11.30 am
Thursday 27 th July 2023	Cafe Iris, Howe Bridge Leisure Centre, Atherton	12.30 pm - 2.30 pm



Charity news



New outside bench for the Carers Centre

We want to say a huge thank you to the lads at Steps CIC Wood Workshop who came to deliver our 'Jack & Jill bench' recently, along with two lovely planters.

The guys have creatively hand-built everything....so impressive!

We've been working hard over the past year or so to create this lovely area at the Centre, so that carers, staff and volunteers can enjoy and relax outside if they wish.

Now we have a bench for you all to enjoy!

We will be getting some more flowers in addition to the ones we already have - which are looking great already (thanks Michael).

Thank you also to Keith who helped to secure the bench and fix it in place for us - your kindness is much appreciated.

All thanks to a very kind grant donation from National Garden Scheme.

More photos of the finished look coming soon!!

Charity news



Carers 'Step Out' at Tatton Park

36 carers, those they support, staff and volunteers enjoyed a really good day at Tatton Park in June. As you can see from the photo of people with umbrellas and also smiles, the rain didn't stop the pleasure of walking though the gardens at this fabulous park in Cheshire. Not enough time to walk down to the meres (lakes) but got a good view from a vantage point in the gardens and saw plenty of deer on the drive in and out. A good lunch in the Stables restaurant finished off a great time. Comments from some of the carers illustrate the pleasure they get from these Carers walks.

Join us on the next walk
Thursday 13th July at
Fallowfield Loop and Highfield Country Park
Lunch is included
[Book here](#)

Workers' right bills become law

Carers' leave

2.4m working carers in England, Scotland and Wales will be entitled to an additional 5 days unpaid leave to help balance work/care duties.

Neonatal leave

Up to 12 weeks paid neonatal care leave for employed parents whose children are admitted to neonatal care - in addition to mat/pat leave.

Protection from Redundancy

Extends existing redundancy protections whilst on Maternity Leave, Adoption Leave or Shared Parental Leave.

SP

Carer's Leave Bill becomes an Act!

The Carers Leave Bill is passed. On 24 May 2023 the Carer's Leave Bill received Royal Assent and is now law!

The Carer's Leave Act 2023 could come into force as early as next April.

The Bill was brought forward by Wendy Chamberlain MP as a Private Member's Bill and had cross-party support from MPs, peers and the Government. If you would like to find out more about the Bill, [click here](#).

National News

TONY CHRISTIE

THANK YOU FOR BEING A FRIEND

FEATURING STING, NILE RODGERS AND FRIENDS



Music
for Dementia

SUNDAY 2ND JULY
#THANKYOU DAY

Tony Christie's new song is tribute carers who 'never get mentioned'

Out now! Tony Christie has re-recorded "Thank you for being a friend" with Music for Dementia for **#ThankYouDay** to say a big thanks to the nation's carers and unsung heroes!

[Have a listen here](#)

Join the national singalong starting
Sunday 2nd July 2023 at 12:55 PM on BBC Radio 2
and help say thank you to all the carers making a difference.

State of Caring Survey 2023— Have Your Say



State of Caring survey 2023



The annual State of Caring survey is the UK's most comprehensive research into the lives and experience of carers. Last year a record 13,000 carers took part in the survey – the highest number of responses they've ever had. This year, they want to reach even more carers.

The State of Caring survey helps us to understand carers' needs and the challenges they face. With a General Election in Westminster on the horizon, knowing the issues carers face in 2023 couldn't come at a more important time.

As the survey is very comprehensive, designed to help Carers UK to really understand carers' experiences, it is quite long. They hope it will take you about 20-30 minutes and they very much appreciate you taking the time to complete it.

[Complete the survey here](#)

The survey will close on 3 August and they will be sharing the results later in the year. If you have any questions about the research, please get in touch with their policy team by emailing policy@carersuk.org

My Time Wigan

providing respite opportunities
for carers

Over the last few months, My Time Wigan have supported Carers from across the Borough to access much needed breaks.

From hotel stays, activity breaks and meals to spa treatments, sporting events and coffee and cake.

All of the upcoming breaks can be found [ON THE MYTIME WEBSITE HERE](#) - where you can also register your interest for each break.

Please keep an eye on the website for exciting breaks coming up over the Summer.

Dan, My Time Co-ordinator, says “We cannot thank our generous contributors enough for their support of our fabulous carers.

If there are any businesses willing to lend their support, please contact mytimewigan@localsolutions.org.uk”



My Time Wigan

**providing respite opportunities
for carers**

Mytime Wigan
has a new administrator
that has recently joined
the team. Welcome to
Sophie....

“Hi, my name is Sophie,
and I am the new
administrator for MyTime
Wigan, working alongside
Project Co-ordinator, Dan.



Now that I am settled within my new role, I am
looking forward to supporting carers from all
around the Wigan and Leigh Borough to access
new and exciting breaks.”

**If you are a carer and would like to be
registered with My Time Wigan—call the Carers
Centre, 01942 697885 or email:**

info@wlcccarers.com

Discounts for Carers

Find Your
Fitness

Be
Well

at your Local Leisure Centre



Reduced monthly rate membership at Be Well Leisure Centres for Carers

Carers can now use their WLCC Carers Emergency Card as proof of their eligibility to access the reduced rate membership for Be Well Leisure Centres - which is currently £18 per month.

If you are a carer and would like to find out more or apply for a Carers Emergency Card - please contact 01942 697885 or email: info@wlcccarers.com

For further information about leisure membership, contact memberships@bewellwigan.org

They operate Monday- Friday 9am-5pm.

Upcoming events from the Carers Centre



Mindfulness Walk—for carers and loved ones **Three Sisters, Ashton**

Wednesday 5th July, 10 am

Come and join this leisurely walk and enjoy the great outdoors taking in the area's wildlife in this wonderful woodland walk!

[Book here](#)

or call us 01942 697885

Wellness Wednesday

Wednesday 12th July—various times

Wigan wellness web will be joining us every 2nd Wednesday of the month to offer some lovely relaxing treatments. We have:
Reflexology, Indian head massage,
back massage or Oriental facial massage to
choose from.

[Book here](#)

or call us 01942 697885



Grid Drawing

Thursday 6th July 10.30 am

Would you like to learn how to draw or are you a beginner at drawing and want a bit of guidance or just enjoy drawing.

Have a bit of time to yourself and let your creativity flow.

Alex will help you set up and create drawings in pencil using an easy grid style approach.

[Book here](#)

or call us 01942 697885



Support

**WLCC welcomes all carers (new and existing)
– open monthly drop-in until 7 pm**

Becoming a carer can be an overwhelming and life changing event in any person's life.

When carers are registered here at Wigan and Leigh Carers Centre, we recognise that there is a lot of information to process and frequently there are gaps in that information that the carer and their family need.

In our experience, many carers and their families prefer face to face contact with the team and an opportunity to get to know us all.

**The next drop in session is
Monday 3rd July, 2 pm—7 pm**



I took advantage of the chat/one to one support I was offered at the Monthly Drop in Session and came away feeling much more positive and supported in carrying out my role of Carer than when I first went in.

**CARERS
FEEDBACK
MONTHLY DROP IN SESSION**



Support

Do you help a family member, partner, friend or neighbour regularly?

Would they have difficulty managing without your support?

Join us at our next
Carers Voice Session



All unpaid carers and loved ones are welcome to attend to share experiences, make a difference and tell us what matters to you in a friendly and open space.

Wednesday 12th July 2023
10am- 12pm

📍 Shevington Methodist Church Hall,
1 Gathurst Lane, Shevington, Wigan.
WN6 8HA

✉ carers.mailbox@wigan.gov.uk
✉ info@wlccarers.com
☎ 01942 697885

Or join us via Zoom at 7pm:

Meeting ID: **419 755 7385** Passcode: **kK2siH**



**WIGAN
BOROUGH
CARERS**

Support



DEMYSTIFYING MEN'S MENTAL HEALTH

A RELAXED SPACE TO TALK ABOUT MEN'S
MENTAL HEALTH, WHETHER THAT BE FOR
YOURSELF OR A MALE IN YOUR LIFE.

THURS 13TH JULY • 10AM-12PM

Wigan and Leigh Carers Centre,
Hindley, WN2 3BD.



DELIVERED BY HINDLEY PCN'S TRAINEE ASSOCIATE
PSYCHOLOGICAL PRACTITIONER AND MENTAL HEALTH LINK WORKER

TO BOOK ON - PLEASE SEE THE CARERS CENTRE WEBSITE

Support

Brought to you by



In collaboration with

Greater Manchester
Health and Social
Care Partnership ICS



Are you looking after someone?

Scan the **QR code** or go to **carersdigital.org** to create an account and access a range of resources for carers.

To create your account enter your email address, choose a password and use the access code below.



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Are you
looking
after a
loved one?

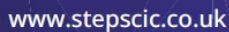
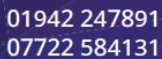
Welcome to the Digital Resource for Carers!

Having the right information at the right time can make a huge difference for you as a carer and the person you look after. Our resources are designed to bring you the support you need.

Developed with the specialist knowledge of **Carers UK** the Digital Resource for Carers platform is packed with e-learning, factsheets, guides and tools to help you manage your caring responsibilities. It covers areas such as health and wellbeing, practical support with caring including short breaks, help with finances, and information on carers' rights including your rights at work. Learn how technology and home adaptations can help with care and caring and access for free Carers UK's care coordination app, **Jointly**, to organise care.

You can access the Digital Resource anytime, anywhere, and it's all free!

Support

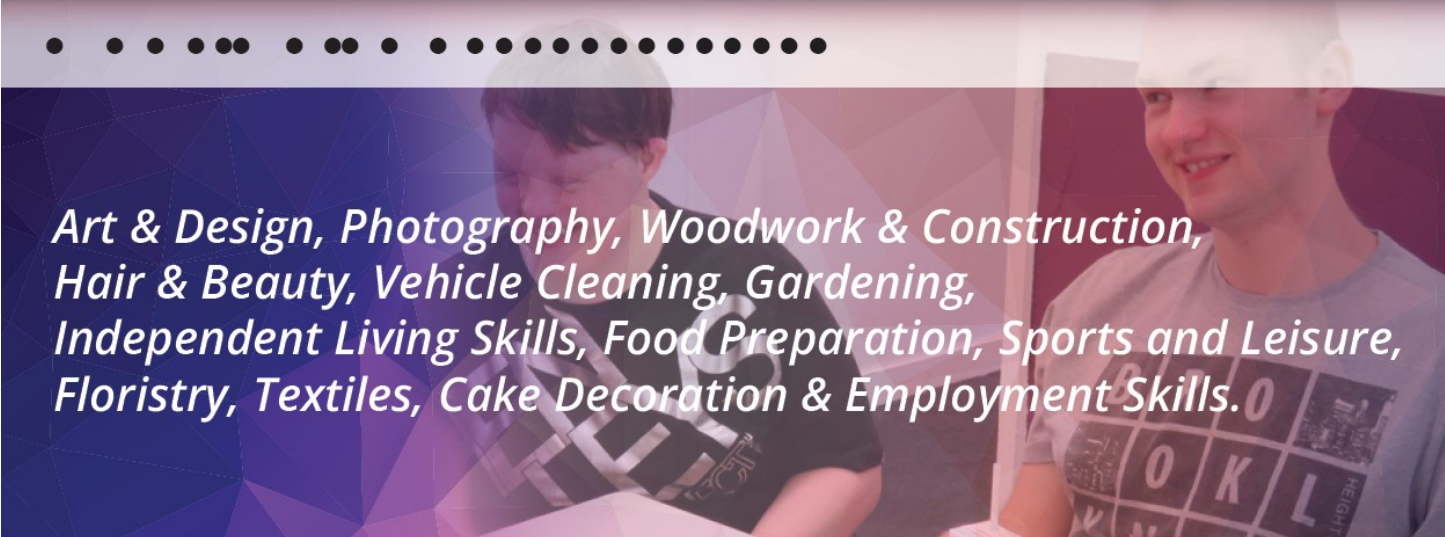
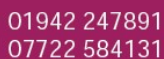


Enabling people to reach their full potential



For those individuals with aspirations for future employment whether that be paid or voluntary we are able to offer several areas for work experience. Each area will focus on sector specific skills as well as transferable skills. These include, The Coffee House, The Wood Shop, The Salon, Gardening and Vehicle Cleaning. We have created these work environments with all the facilities and equipment required to enable individuals to access a real life work experience.

If you would like to know more about STEPScic please visit www.stepscic.co.uk



*Art & Design, Photography, Woodwork & Construction,
Hair & Beauty, Vehicle Cleaning, Gardening,
Independent Living Skills, Food Preparation, Sports and Leisure,
Floristry, Textiles, Cake Decoration & Employment Skills.*

Our Ethos

We are a vibrant, professional and forward thinking service, where the achievement and personal development of each individual is recognised and celebrated. We believe that all of our attendees deserve the very best opportunities that enable them to reach their full potential.



Contact us on:

01942 247891 or 07722 584131

Email - terry@stepscic.co.uk

We are located at:

We are located at:
Ashland House, Dobson Park Way, Ince,
Wigan, WN2 2DX



Support

NORTH WEST Parkinson's Forum Coffee Morning



Parkinson's Support Coffee Morning

Please do come along if you are a carer, someone living with Parkinson's, or a family member - it's an opportunity to meet together for a warm cuppa and a chat.

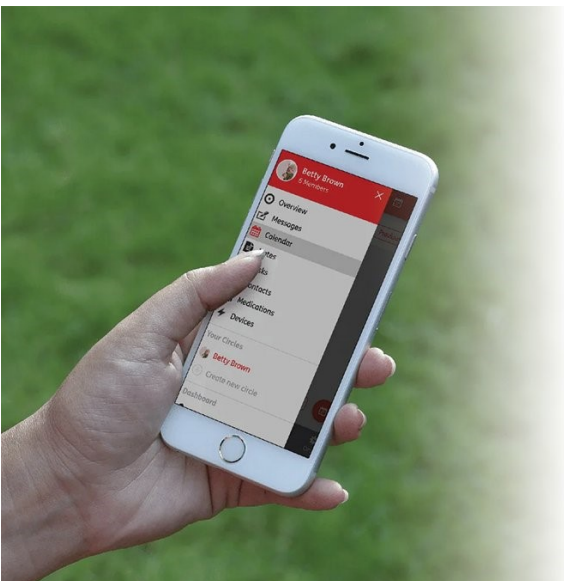
Venue: Wigan and Leigh Carers Centre, Hindley, WN2 3BD.

Next Meet: Thursday 20th July
11 am & 1 pm

[Book here](#)

Jointly app for Carers

Developed by Carers UK, Jointly is an app designed by carers, for carers, to make communication and coordination between those who share the care as easy as a text message.



jointly

offers a central place to store and share important information; keep everyone connected; a shared calendar and task list; an area for notes and a medication manager to support caring as a group.

Download the app or go to
jointlyapp.com



Here is a link that explains to carers how Jointly works: [Click here](#)

If you are a registered carer, please get in touch with us for a **FREE** access code.

Support

Fill my Cup—for Carers and loved ones In association with Home Instead

Fill My Cup - A relaxed session hosted by Home Instead for both carers and the person you care for.

Join us for tea, coffee, biscuits and meet together for this informal session.

Children also welcome over the Summer holidays for crafting and fun!

Venue: Wigan and Leigh Carers Centre, Hindley, WN2 3BD.

Next Meet: Thursday 27th July
10 am—12 noon



Support

Mental health crisis helpline Free 24/7

Bolton, Manchester, Salford, Trafford and Wigan:

T: 0800 953 0285



Greater Manchester
Integrated Care

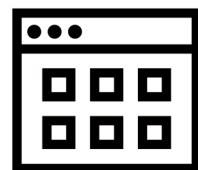
Financial Support that maybe available to you

Caring can put a huge strain on your finances. If you're struggling to afford the basics, check the **Turn2Us** Grants Search Tool to see if you're eligible for financial support Visit: <https://grants-search.turn2us.org.uk>

turn
2us

Search from around
1,400 grants
to see what financial support
may be available to you.

Try the grants search today



Support



Access support 24/7 with Carers Connect

If you are a Carers UK member, you have free access to Carers Connect. Just like the previous forum, Carers Connect offers a safe online space where you can chat with other carers and find mutual support whenever you need it.

Online support groups are a safe space for carers to connect regardless of geographical distance, to share their common experiences and provide each other with understanding, encouragement and advice.

How to use Carers Connect

You can log into Carers Connect by visiting <https://forum.carersuk.org/>

To post, click on New topic with the plus sign, type in Connect with carers: carersuk.org/forum your message with a title, then click the blue + Create topic button.

You can add a tag with a relevant topic eg autism, dementia, etc, so other members can find your post more easily. You can also like posts to show support, or share a link to a post or topic by clicking on the chain icon.

Keeping safe

When using Carers Connect, we suggest you don't post identifying information about yourself, such as your full name or where you live. The friendly moderators monitor the discussions to help keep everyone safe on the forum. If you spot anything that concerns you, you can click the flag icon to alert the moderators.

What's on

Carers UK online Share and Learn Sessions for Carers

July 2023

To book on any of
these sessions—[book here](#)



July sessions

Cardio and Strength with Kim Brockhurst Tuesday 4 July, 4-5pm



Weekly Hatha Yoga for physical and mental wellbeing with Sangeeta Bhandari - Wednesdays this July, 5-6pm



Peace of Mind Now – Thursday 6 July, 3-4.30pm



Myalgic Encephalomyelitis (ME): support and advice with Action for ME – Wednesday 12 July, 2-3pm



Orchestra Vitae - Thursday 13 July, 5-6pm



Song showcase and celebration – Tuesday 18 July, 3-4pm



Spinal Cord Injury: Back Up Trust – Thursday 20 July, 3-4pm



Beginners Latin Dance – Thursday 27 July, 4-5pm



What's on

carers coffee morning

CALL 01942 697885
WWW.WLCCCARERS.COM

EMAIL:
INFO@WLCCCARERS.COM

EVERY MONDAY
FROM 10 AM
CARERS CENTRE
HINDLEY
WIGAN
WN2 3BD



Carers Coffee Morning is on Monday mornings, arrive any-time after 10 am.

It's a chance to meet other carers, have a chat and a lovely cuppa ☕

No need to book, just turn up!

Please note we are not open on Bank Holiday Monday's

Diabetes UK are hosting a social event for young people (aged 18-25) living with type 1 diabetes.

The event will be held at Wigan Roller Rink on 15th July 11am-1pm and there are 22 free places!

A great opportunity for young people to connect and learn more about the Diabetes UK new youth programme.

[Book a place here](https://typeonesocialwigan.eventbrite.co.uk)



FREE TYPE 1 SOCIAL

Aged between 18-25 with type 1 diabetes?

Come join us at Wigan Roller Rink on 15th July 11am - 1pm.

Meet other young people living with type 1 diabetes and learn more about our new youth programme- Our Lives, Our Choices, Our Voices.

We have 22 free places, so book your place below:

<https://typeonesocialwigan.eventbrite.co.uk>

Contact lucy.wieland@diabetes.org.uk or joshua.cook@diabetes.org.uk for further details.

The British Diabetic Association operating as Diabetes UK, is a charity registered in England and Wales (no. 215190) and in Scotland (no. SC205138). © Diabetes UK 2023

What's on



Hallé dementia-friendly relaxed concert

Date: Friday 14 July 2023

Time: 2.30pm

Venue: Hallé St Peter's, 40 Blossom St, Ancoats, Manchester,
M4 6BF

Tickets: £3

[Further information & Eventbrite link to buy tickets](#)

This concert is perfect for people living with dementia, their carers, adults with learning difficulties, stroke survivors or anybody from a vulnerable community who wishes to experience classical music in a relaxed and informal environment. There is also the unique opportunity to interact with the Hallé archive before the concert (included in £3 ticket price).

What's on



Join us for a Garden Party
as we celebrate our

40th Anniversary



Live Music | Artisan Food | Craft Stalls

AUGUST
5
2023

WIGAN & LEIGH
HOSPICE
KILDARE ST,
HINDLEY, WN2 3HZ

11AM-
4PM

FREE ENTRY



Wigan
& Leigh
Hospice



What's on



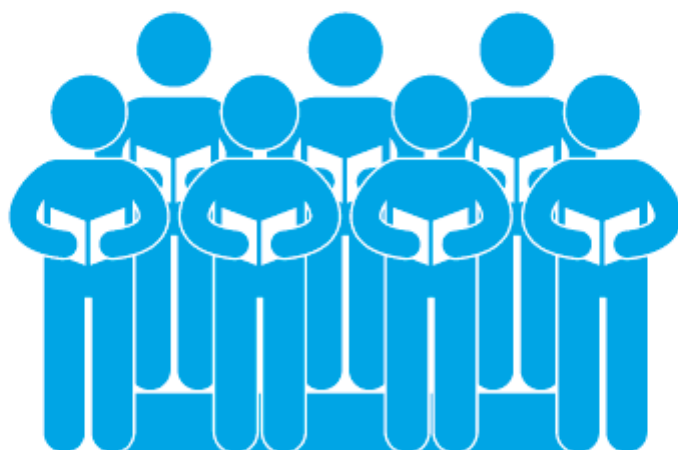
Everyone is welcome to join our free

Silver Choir

Summer Concert

On the 5th of July 2023 at 1pm

St Benedict's Church, Market Street, Hindley



What's on

Dementia Cafes in the Wigan Borough



Alzheimer's Society dementia cafés offer a relaxed social gathering for people with dementia and their carers. As well as a cuppa (and at Hindley we have lunch) you can also get advice, information, support and make new friends.

No need to book, just come along on the day and ask for Pauline. If you need any further information please contact Pauline - on mobile no. 07711 015330 (send a text or leave a voicemail with your contact details and Pauline will get back to you) or send an email to: pauline.blackie@alzheimers.org.uk

Hindley Café is our Dementia Friendly Lunch planned for the first Thursday of the month from 12 noon at:

Summat to Ate
48-50 Market Street
Hindley
WN2 3AN

6 July 2023
3 August 2023
7 September 2023
5 October 2023
2 November 2023

Wigan Café is planned for the second Tuesday of the month from 2.00 to 4.00pm in term time at:

The Wheel Restaurant
Wigan & Leigh College
New Market Street
Wigan WN1 1SE

NB for July and August only — change of venue
to Community Room at Tesco , Wigan Store
1 July 2023
8 August 2023
12 September 2023
10 October 2023
14 November 2023

Leigh Café is planned for the third Wednesday of the month from 10.30am to 12.30pm at:

Leigh Cricket, Tennis & Bowling Club
Beech Walk, (Off St. Helens Road)
Leigh
WN7 3LH

19 July 2023
16 August 2023
20 September 2023
18 October 2023
15 November 2023

Standish Café is planned for the fourth Tuesday of the month from 1.30pm to 3.30pm at:

St. Wilfrid's Parish Hall
Church Street
Standish
WN6 0JT

25 July 2023
22 August 2023
26 September 2023
24 October 2023
28 November 2023

Dementia Cafés ... so much more than a cup of tea!



Email: pauline.blackie@alzheimers.org.uk

Mobile: 07711 015330

Website: www.alzheimers.org.uk

What's on

Mindful Mondays Mondays 10am-12pm

Our **Be Wild For Wellbeing** project (supported by West Lancs CVS) starts soon- giving people the chance to try art, meditation, holistic therapies and more in a safe and supportive environment.

Please come along, introduce yourself, and get involved!



Craft & Chat Thursdays 10am-12pm

Learn and share art and craft ideas and techniques in our creative hub.

Bring your own, join in with the prepared activity or just be social!

This group is run on a donation basis to cover material costs.

**Sessions held at Upholland Community Hub
@St Thomas the Martyr Church
www.facebook.com/socialwellbeingcic**

Parent Carers

THE ZONE AFTERSCHOOL CLUB

Specialist Service For Young People with
Complex Health and Additional Needs.

Provides support for young people ages 14+ to
access a wide range of indoor and outdoor
activities. Promoting fun, life skills and engaging
with friends.

Every Wednesday 4pm-7pm

The Zone, Robin Park Leisure Centre



Wigan
parent
carer
forum

INFORMING  EMPOWERING  ENGAGING 

For parent carers of children with additional needs

FOR PARENTS BY PARENTS

Support Group

Our first Atherton parent carer support group .

Representatives from Wigan Parent Carer Forum and our
Atherton parent volunteers have come together to host a
parent group

All welcome, without or without diagnosis, at any stage of
the journey.

Come along for information and support



George VI Pub
136 flapper fold lane
Atherton
Manchester
M46 0HA

For any queries or an informal chat before attending please contact
admin@wiganpcf.org.uk Or call 07719 330602

Parent Carers

**OPEN DAY 1ST JULY
AT HIGHFIELD COMMUNITY CENTRE**



**AUTISM PLAYGROUP &
PARENT SUPPORT GROUP**
**SATURDAY, SUNDAY, AFTER SCHOOL
& HOLIDAY SESSIONS**
CONTACT CORDELIA 07970 520150
WWW.ABUKCHARITY.CO.UK  

Parent Carers



Parent Carer Coffee Morning

Carers Centre,
Hindley
WN2 3BD

Wednesday
5th July 2023
19th July 2023
10 am—12 noon

[Book here](#)

Male carers



Male Carers Social Group We will be welcoming Curious Critters to the group in July

Carers Centre,
Hindley
WN2 3BD

Thursday
6th July
1 pm—2.30 pm

[Book here](#)

or call us 01942 697885

Young carers



It's a strike!

Wigan and Leigh young carers at the bowling alley!

A fantastic day at Hollywood Bowl in Wigan - a group of young carers enjoyed ten pin bowling on our open Saturday session's led by Katie. Huge thank you to Trev and Janet, our amazing volunteers for supporting the event.

Young carers

Young Carers take part in life saving—First Aid session

Over the May half term holidays, young carers were invited to take part in First Aid Training, delivered by ZSG Education Ltd.

Everyone could benefit from taking a basic first aid course, but it can be particularly beneficial for young carers who may be more likely to face a medical issue with the person they are caring for. Knowing what to do in a medical emergency could save lives.



It was great to see everyone having an enjoyable time and demonstrating great first aid - skills that will last a lifetime!

Well done to everyone for passing the training, which was funded by the Carers Training Grant.



Young Adult Carers Transition Group evening at Haigh Hall with picnic

The Young Adult Carers Transition group enjoyed a trip to Haigh Hall—they enjoyed a picnic, a walk and fun on the park together!

Volunteering

Companionship Volunteers Needed

Could you spare some of your time to give a local unpaid carer time for themselves by offering support and a listening ear to their loved-one? If yes, we would love to hear from you.



How you can make a difference:

Wigan and Leigh Carers Centre's Carers Companion Service aims to enable a carer to take a well-earned break by providing companionship and support to their loved one. By joining our team of dedicated volunteers, you could help make a positive difference to carers and their families.

**If you are interested
and would like more
information :**



**Call: Joe Cobb, Volunteer Coordinator
Jon 01942 697885 / 07754 648859 or
email joe.cobb@wlcccarers.com
Visit: www.wlcccarers.com**

Fundraising

JustGiving Menu Start Fundraising

Search Log in Sign up



0%

£0

raised of £4,000 target

Give Now

Share



Wigan and Leigh Carers Centre

Fundraiser for Young Carers Respite Opportunities

Wigan and Leigh Carers Centre are fundraising for Young Carers respite and breaks away from their caring role. Currently we receive no statutory funding from the Government to offer this.

Charity Registration No. 1138908

Story

Supporters

Please support our Young Carers Respite Crowdfunder

Here is our Crowdfunding page to support Wigan and Leigh's Young Carers respite fund. We would love to raise as much money as possible to support the young carers in our Borough with some fantastic respite opportunities (for which we receive no statutory funding - all has to come from fundraising, donations and grants). We also rely on our amazing volunteers to deliver these services - so please let us know if you can offer your skills and time to support these wonderful young people!

Donate here

Thanks for all your support - we are so grateful!!

Job Vacancies

IN PARTNERSHIP WITH GMMH, WE'RE
ON THE LOOKOUT

FOR A NEW ADDITION



LIVING WELL NETWORK SUPPORT OFFICER

37.5 HOURS PER WEEK

FOR MORE INFORMATION

CALL 01942 697885

OR VISIT

www.wlcccarers.com

[For more information visit HERE](#)

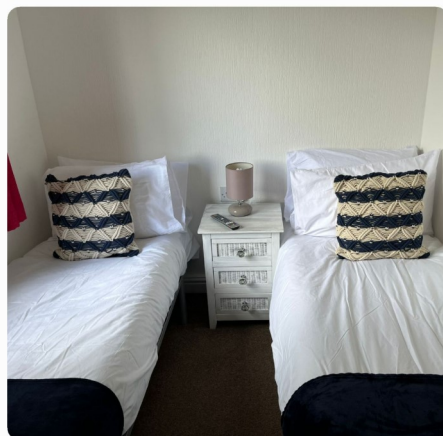
The Carlton Lodge

Holidays in Blackpool for Carers 2023

We are now taking bookings for 2023 at The Carlton Lodge Carers Retreat based on Haven's Marton Mere site in Blackpool.

We are thrilled to offer registered carers a 20% discount for 2023.

You can find out more information on our website [here](#) or alternatively call us for more information 01942 697885.



Useful Contacts

Local

Age UK Wigan Borough	01942 615880
Adult Services Wigan Council	01942 828777
Armed Forces Community HQ CIC Wigan	01942 821293
AWARM Plus	01942 404261
Blue Badge Permits	01942 489014
Children's Services – Wigan Council	01942 828300
Citizen Advice – Wigan	0808 2787 801
Continence Service	01942 482497
Crossroads Carers Support Group	07807 210 913
Dementia Buddy	01942 888990
DIAS (domestic violence)	01942 311365
Driven – Community Transport	01942 409602
Embrace - Wigan & Leigh	01942 233323
Greater Manchester Bereavement Support	0161 983 0902
Greater Manchester Mental Health – Wigan urgent response team	0800 051 3253
Healthy Routes	01942 836967
Healthwatch – Wigan & Leigh	01942 834666
I Care Meals	01942 820079
Later Life and Memory Service (LLAMS)	01942 764462
Lewy Body Society	01942 914000
Wigan and Leigh Mencap	01942 521722
Pensioners Link	01942 261753
Starting Point Plus	01942 489011
Stroke Association – Wigan	01942 775826
Think Ahead Stroke Group - Wigan	01942 824888
We are with you	01942 827979
Welfare Support - Wigan	01942 705221
Wigan Accident and Emergency	01942 822440
Wigan Alzheimer's Society Dementia Advisers	0333 150 3456
Wigan and Leigh Carers Centre (includes young carers also)	01942 697885
Wigan and Leigh Hospice	01942 525566
Wigan Housing	01942 832360
Wigan Parent Carer Forum - Wigan	07719 330602
Women's Aid - Wigan	01942 496094

National

ACAS	0300 123 1100
Attendance Allowance (AA)	0800 731 0122
Bereavement Support Payment	0800 151 2012
CALM Helpline (for men)	0800 58 58 58
Carers Allowance Unit	0800 731 0297
Carers Credit	0800 731 0297
Carers Trust	0300 772 9600
Carers UK	0808 808 7777
Disability Living Allowance (DLA)	0800 121 4600
Fire Risk Assessment Team	0800 555 815
Mind	0300 123 3393
Moneyhelper	0800 138 7777
Papyrus	0800 068 4141
Personal Independence Payment (PIP)	0800 917 2222
Rethink Mental Illness	0808 801 0525
Samaritans	116 123
Turn2us Information and advice on benefits and grants	0808 8022000
Universal Credit (UC)	0800 328 5644
Young Minds	0808 802 5544

Room for hire

Carers Centre Meeting Room for hire

- Looking for a local venue for your meeting or group?
- Not enough conference rooms in your office?

If you are looking to host a meeting, conference, training event or seminar close to Wigan, we have a room available at Wigan and Leigh Carers Centre in Hindley, available for hire.

Our bright, airy and fully disability friendly meeting room located close to Hindley town centre can be laid out in a variety of ways, and can host up to 15 people seated around the tables with the modern technology required by today's conference organisers.

Lunch and refreshment breaks can be taken in your meeting room, with kitchen facilities and restrooms available.

- Fully accessible
- Convenient location
- Free car parking close by.
- Value for money
- By booking our space, you are directly supporting our vital work supporting young and adult carers.

Prices

Day prices cover use of the room from 9 am until 4.30 pm and half days are 9am until 12.30 pm or 12.30 pm until 4.30 pm.

All day is £30.00 plus vat (£36.00)

Half a day is £15 plus vat (£18.00)

To find out more about renting office and/or desk space, please contact us 01942 697885, or email info@wlcccarers.com. **All profits from Wigan and Leigh Carers Centre go back into the charity to assist with other projects that support in providing much needed services to carers in the Wigan and Leigh area.**



WIGAN AND LEIGH CARERS CENTRE

SUPPORTING YOUNG & ADULT CARERS
IN THE WIGAN BOROUGH

Do you look after
a family member,
friend or neighbour
who cannot manage
without
your support?



WE ARE HERE TO SUPPORT YOU

CALL 01942 697885

EMAIL: [INFO@WLCCCARERS.COM](mailto:info@wlcccarers.com)

WEBSITE: WWW.WLCCCARERS.COM

WIGAN AND LEIGH CARERS CENTRE are a registered local charity who have been supporting carers for more than 10 years. If you're a WIGAN carer or caring for somebody living in WIGAN, we're here for you.

SUPPORTING YOUNG & ADULT CARERS

BEFRIENDING
BEREAVEMENT SUPPORT
CARERS ASSESSMENTS
CARERS CARD
EMOTIONAL SUPPORT
HELP WITH FORM FILLING
KNOW YOUR RIGHTS
ONE TO ONE SUPPORT &
ADVICE
SOCIAL GROUPS
TRAINING & EVENTS

We are here:

Wigan and Leigh
Carers Centre,
3-5 Frederick Street
Hindley,
Wigan,
WN2 3BD



01942 697885



info@wlcccarers.com



www.wlcccarers.com

KEEP CONNECTED ON SOCIALS

