

Speaking with one voice for all carers in Wigan borough



Wigan Warriors and Leigh Leopards put rivalry aside to support Wigan and Leigh Carers



Contents

Front Cover	
Contents page	Page 2
Community Support from rugby teams	Pages 3-4
Carers attend Captain's Run	Page 5
Charity news	Pages 6-7
Mindful Mondays and Wellness Wednesdays	Page 8
Carers Café Club	Page 9
Carer Awareness—In The Workplace	Page 10
Local News	Page 11
My Time Wigan	Page 12
Upcoming events at the Carers Centre	Page 13
Support for Carers / What's On	Pages 14-26
Parent Carers	Pages 27
Male Carers	Page 27
Young Carers	Pages 28-29
Fundraising	Pages 30-31
Job Vacancies	Page 32
The Carlton Lodge—Carers Retreat	Page 33
Useful Contacts	Page 34
Room Hire	Page 35
WLCC Information	Page 36

Community Support

Wigan Warriors and Leigh Leopards put rivalry aside to support Wigan and Leigh Carers

As a Charity, we are delighted to receive support from both [Wigan Warriors](#) and [Leigh Leopards](#).

Both clubs came together to offer carers and young carers memorable opportunities and fundraising support leading up to the local derby game on Saturday 29th July 2023.

Over 800 carers, staff and volunteers were invited to attend the local fixture rugby league game held at the DW Stadium in Wigan.



Some young carers were also given the opportunity to stand as 'guard of honour' for the players as they entered the pitch.

A once in a lifetime experience!

Due to the generosity of both sets of supporters on the day we were able to raise an incredible £1880.39 which will go towards funding respite opportunities for young carers. [If you would like to support the invaluable work we do in supporting Wigan's borough carers, please donate here.](#)



Community Support

Wigan Warriors and Leigh Leopards put rivalry aside to support Wigan and Leigh Carers



Carers attend Captain's Run

Ahead of the BIG match held on Saturday 29th July 2023, carers of all ages were also invited to attend both clubs 'Captain's Run', watching the players train at their ground, time for autographs and photos – a real VIP experience!

Here are some photos from the special days...



Wigan Warriors Thursday 27th July 2023



Leigh Leopards Friday 28th July 2023

Charity News

Wigan Community Day

Such a fabulous day for Wigan Community Day back in July.

A vibrant event in the town centre that once again brings the whole community together thanks to Wigan Rotary Club - it was lovely to be out talking to people about our support and services.

The Community Day gives voluntary and community organisations the opportunity to showcase the fantastic work they are doing in local communities. This tried and tested event becomes more popular each year!!



Our thanks also go to our amazing team on the day - Trustees Paul Walton, Zain Boyko and Zain's little brother and superstar, Omar.



Platt Bridge Gala Day

The weather stayed dry for the local gala day in Platt Bridge at the end of July. It was great to meet members of the public and share information about how to register and gain support.

Once again, huge thanks go to our wonderful Trustee, Zain and his amazing brother Omar.

Charity News

Carers and loved enjoy Virtual Reality Experience

It was wonderful to welcome Home Instead Leigh in July for their **'Fill My Cup'** session. The group enjoyed a Virtual Reality immersive experience, exploring different virtual worlds and cinematic adventures.

These sessions are for both carers and their loved ones - and if you have children or grandchildren, please also bring them along.

There is something for all ages to join with.

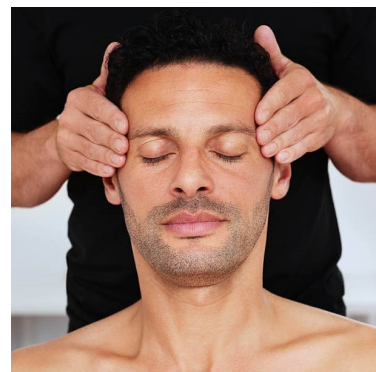
The next 'Fill My Cup' session is on Thursday 31st August 2023

10 am—12 noon

All welcome. No need to book—just turn up!



Mindful Mondays and Wellness Wednesdays



Mindful Mondays starting Monday 7th August 2023

Treatments available for carers: Reflexology, Back and Head Massage

£20 for 1 hour , £10 for £30 mins

To make your booking and check available times, please call:

Suzanne Wilkinson 01942 697885 or email: suzanne.wilkinson@wlcccarers.com



REIKI Wellness Wednesday



Wellness Wednesdays

Treatments available for carers: Reflexology, Indian head massage, Back massage, Oriental Facial and Reiki sessions. There is a small charge for these sessions. To make your booking, find out more information and check available times, please book online: <https://wlcccarers.com/events-booking/>

or call Suzanne Wilkinson 01942 697885 or email: suzanne.wilkinson@wlcccarers.com

Carers Café Club



Carers Café Club

You can pop into any of these local cafes to come and have a cuppa with us, have a chat and get any support or advice you might need.

This is really exciting for us a Charity, to work alongside these great coffee shop hosts providing local support so that people can 'stay local' (something that was identified in our most recent survey to carers).



<u>Date</u>	<u>Venue</u>	<u>Time</u>
Friday 11th August 2023	Wildmint Café, Appley Bridge	10.30 am - 12.30 pm
Thursday 17th August 2023	Embrace, Platt Bridge	10 am - 12 noon
Thursday 17th August 2023	Ashland House Coffee Shop, Ince (Steps CIC)	1 pm - 3 pm
Friday 18th August 2023	Armed Forces Community Hub, Molyneux House, Wigan	10 am - 12 pm
Thursday 24th August 2023	Beehive Community Centre, Mosley Common	9.30 am - 11.30 am
Thursday 24th August 2023	Cafe Iris, Howe Bridge Leisure Centre, Atherton	1 pm - 3 pm
Friday 25th August 2023	Robin Hood, St Helens Rd, Leigh WN7 3PA	1 pm - 3 pm

Carer Awareness in the workplace



Is your workplace Carer Aware?

Wigan Council's Carer Development Office provides a 'Carer Awareness: Supporting Carers in the Workplace' session either in your workplace or online.

Any small or medium sized organisations that are interested can email:

carers.mailbox@wigan.gov.uk

Further practical resources, advice and information available and designed to help organisations look after staff who are juggling work alongside caring for someone.



Local News



BEE NETWORK

For anyone using public transport in Greater Manchester, the beginning of the Bee Network is nearly here, and Wigan Borough will be one of the first areas to welcome the Bee Network and new yellow buses in September.

On 23 June, the Mayor of Greater Manchester shared several transport announcements and updates:

- New combined tram and bus tickets to cut cost of travel when bus services come under local control for the first time in nearly 40 years in September 2023.
- The current low-cost, capped single, daily, and weekly bus fares extended until September 2024.
- Operators confirmed to run second phase of locally controlled bus services from March 2024
- Greater Manchester to become first area outside London to pilot contactless touch-in/touch-out travel on some local train services in 2025.

You can read more details on these announcements and what this means for you on the dedicated [Bee Network page](#) which includes FAQs.

My Time Wigan

providing respite opportunities
for carers

Breaks for Carers

My Time Wigan had some fantastic breaks available for carers throughout July— carers enjoyed:

- ☐ A break at Lowbank Ground in the Lakes
- ☐ A trip to Haydock Races
- ☐ Wild Mint Café- Coffee & cake for 2 people.
- ☐ Oast House- £50 bar tab for food and drink.
- ☐ Whistling Wren- 2 main meals & 2 soft drinks
- ☐ Chalk and Steel gym pass
- ☐ Coffee Stop (Leigh)- Coffee & Cake for one
- ☐ Cucina Café- Coffee & Cake for 2
- ☐ Harrow Inn- 2 main meals and 2 soft drinks
- ☐ Robin Hood (Pennington)- 2 main meals & 2 soft drinks

Coming soon...

Holiday Inn—Preston break

Crowne Plaza Birmingham break

**If you are a registered carer with us
and would like us to refer you to
My Time Wigan, please get in touch
with us, call 01942 697885 or**

Email: info@wlcccarers.com and mention 'My Time Wigan'



Upcoming events from the Carers Centre

Monday Meditation

Monday 7th August 2023 6pm

Monthly meditation group for carers

[Book here](#)

or call us 01942 697885



Reiki

Wednesday 16th August 2023

Join Louise for Reiki treatments

[Book here](#)

or call us 01942 697885



Mindfulness Walk— Low Hall, Hindley

**Wednesday 16th August 2023,
10 am**

Gentle and relaxing walk for both carers and the person you care for

[Book here](#)

or call us 01942 697885



Support

**WLCC welcomes all carers (new and existing)
– open monthly drop-in until 7 pm**

Becoming a carer can be an overwhelming and life changing event in any person's life.

When carers are registered here at Wigan and Leigh Carers Centre, we recognise that there is a lot of information to process and frequently there are gaps in that information that the carer and their family need.

In our experience, many carers and their families prefer face to face contact with the team and an opportunity to get to know us all.

**The next drop in session is
Monday 7th August, 2 pm—7 pm**



I took advantage of the chat/one to one support I was offered at the Monthly Drop in Session and came away feeling much more positive and supported in carrying out my role of Carer than when I first went in.

**CARERS
FEEDBACK
MONTHLY DROP IN SESSION**



Support

Are you considering a career in social work? The [University of Chester](https://www.chester.ac.uk) has created a carer support package for students who have unpaid caring responsibilities for a family member, who would not be able to cope without their support. Carers can access a University bursary, have priority access to the Financial Assistance Fund and will be linked to a member of staff for further support and guidance.

Please see eligibility criteria on the poster below.

For further information you can contact : studentexperience@chester.ac.uk

Carers Support Package



DEFINITION:

A student who has unpaid caring responsibilities for a family member who could not cope without their support

WHAT DOES THE SUPPORT PACKAGE INCLUDE?

- Easy access to financial help and guidance including the University's bursary scheme and priority access to the Financial Assistance Fund
- A link member of staff to discuss any personal, academic or financial concerns
- Access to peer mentoring scheme
- Access to support and guidance from Careers and Employability team

ELIGIBILITY CRITERIA

Students must be:

- A full-time undergraduate student
- Pay tuition fee of at least £6000
- Provide evidence for meeting the definition a carer as described above
- Have a means-tested household income of £40,000 or less (as evidenced by Student Finance)
- Normally resident in England, Wales Scotland or Northern Ireland

EXCLUSION CRITERIA

- Students who have their fees paid through a sponsorship arrangement
- Students studying at partner colleges
- Students studying at Reaseheath College (except for BSc Animal Behaviour and Welfare)



For further information about the Carers Support Package, please contact studentexperience@chester.ac.uk

Student Services



Support

NEW SESSIONS COMING SOON!! 💜 Care for Carers 💜

Wigan Wellness Web will be offering one to one holistic therapies and group wellbeing sessions to unpaid carers at their Community Wellness Rooms at **Highfield Community Centre**. These FREE to attend evening sessions will be held on the first Friday of each month for an initial 5 month trial.

If you are an unpaid carer, you can book your place by messaging Ann via the Facebook page or email them at wiganwellnessweb@gmail.com
Mention 'Care for Carers' so they know which session you want to book.

The first session is on **Friday 4th August at 7.00pm**

Availability is as follows:

- ➡ 3 places for 1 to 1 therapies (20 minutes)
- ➡ 12 places for group wellbeing session.

Although for many carers, caring can have positive and rewarding aspects, it can also have an impact on your own health and wellbeing leaving you needing support. Join them for some well deserved R&R, learn how to take better care of you/share knowledge on how to access available support.

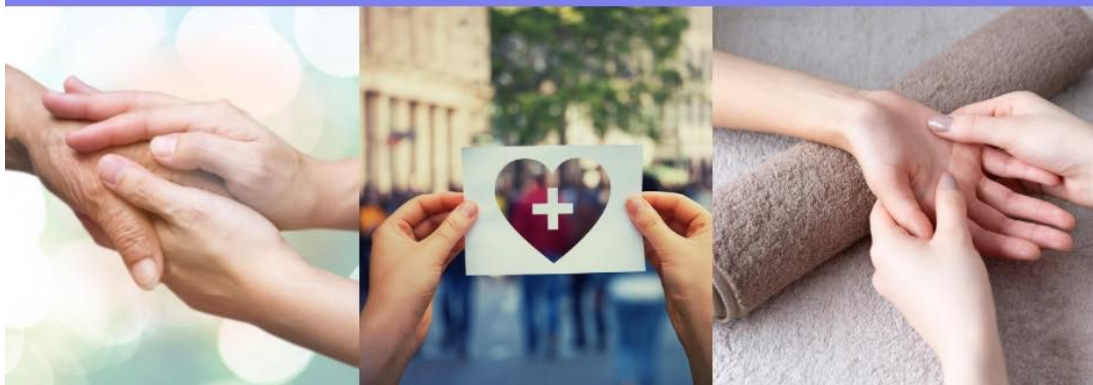
This project is funded by The Milliken 2023 Fund



CARE FOR CARERS

Community Wellness Room - Highfield Community Centre

Brought to you by Wigan Wellness Web and The Milliken 2023 Fund



Support

NORTH WEST Parkinson's Forum Coffee Morning



Parkinson's Support Coffee Morning

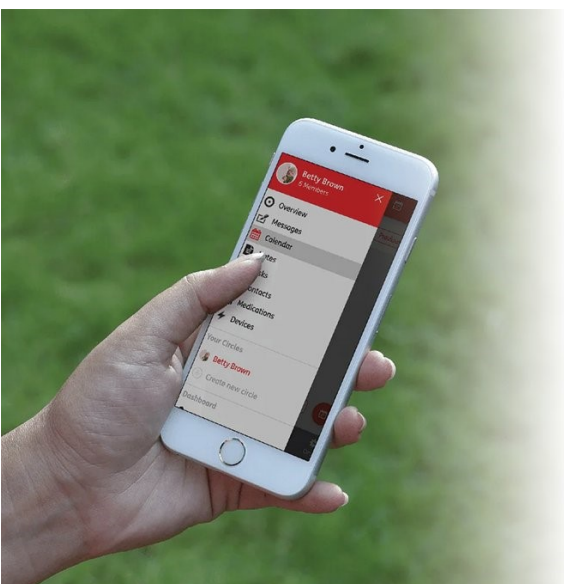
Please do come along if you are a carer, someone living with Parkinson's, or a family member - it's an opportunity to meet together for a warm cuppa and a chat.

Venue: Wigan and Leigh Carers

Next Meet:
Thursday 17th August
11 am & 1 pm
[Book here](#)

Jointly app for Carers

Developed by Carers UK, Jointly is an app designed by carers, for carers, to make communication and coordination between those who share the care as easy as a text message.



jointly

offers a central place to store and share important information; keep everyone connected; a shared calendar and task list; an area for notes and a medication manager to support caring as a group.

Download the app or go to
jointlyapp.com



Here is a link that explains to carers how Jointly works: [Click here](#)

If you are a registered carer, please get in touch with us for a **FREE** access code.

Support

Fill my Cup—for Carers and loved ones In association with Home Instead

Fill My Cup - A relaxed session hosted by Home Instead for both carers and the person you care for.

Join us for tea, coffee, biscuits and meet together for this informal session.

Children also welcome over the Summer holidays for crafting and fun!

Venue: Wigan and Leigh Carers Centre, Hindley, WN2 3BD.

Next Meet: Thursday 31st August 2023
10 am—12 noon



Support

Fill my Cup—for Carers and loved ones In association with Home Instead

On Friday 11th August, [Cafe Camaraderie](#) in Tyldesley is partnering with [Home Instead Leigh](#) to host 'Fill My Cup' - an exclusive session for those living with Dementia and their families/carers.

The sessions will run every two weeks.

They would like to extend an invitation for carers, families and loved ones to come along between 09.30 am and 11:30 am for this session.

Next Meet: Friday 11th August 2023


Fill My Cup
in partnership with Home Instead, Leigh


Cafe Camaraderie,
(inside Tyldesley
Startwell Centre)
Poplar Street,
M29 8AX

**For those living with Dementia,
and their families / friends / carers.**
Every two weeks!
Come along and chat, enjoy good food and take part in activities.



*For details click into the post and to
learn more, call us on **07398 197992.***

***Check the details in the
post for next dates.***

Support

Mental health crisis helpline Free 24/7

Bolton, Manchester, Salford, Trafford and Wigan:

T: 0800 953 0285



Greater Manchester
Integrated Care

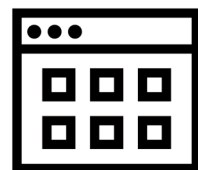
Financial Support that maybe available to you

Caring can put a huge strain on your finances. If you're struggling to afford the basics, check the **Turn2Us** Grants Search Tool to see if you're eligible for financial support. Visit: <https://grants-search.turn2us.org.uk>

turn
2us

Search from around
1,400 grants
to see what financial support
may be available to you.

Try the grants search today



Support

Epic Hope CIC are another great Charity in Wigan and Leigh providing mental health support.

If you need to talk to someone, they offer sessions in Leigh, Wigan and Aspull (see leaflet below).

Check out their Facebook page for further information: [EPiC HOPE](https://www.facebook.com/epichope)



**NEED SOMEONE
TO TALK TO?**

**WE'RE HERE
TO LISTEN**

*Come along to an EPiC HOPE Harbour
for a cuppa and a chat.
Peer to peer support for anyone struggling with
their mental health or feeling close to crisis.
Unburden to someone face to face*



Mondays

1 – 3pm



@ Leigh Parish Church,
St Mary's Way,
Leigh, WN7 1YD
(use cafe door at side of church)

Wednesdays

6 – 8pm



@ Ekhaya Centre, 81 Mesnes St.,
Wigan, WN1 1QJ

Thursdays

6 – 8pm



@ The One House Community Centre,
45 Haigh Road,
Aspull, Wigan, WN2 1RR

For more information contact us on help@epichope.org.uk
epichope.org.uk

What's on

Carers UK online Share and Learn Sessions for Carers

August 2023

To book on any of
these sessions—[book here](#)



August sessions

Beginner's Guide to Crochet – Tuesday 1 August, 2-3.30pm



Weekly Hatha Yoga for physical and mental wellbeing with Sangeeta Bhandari - Wednesdays this August, 5-6pm



Morveren: music, mermaids and matriarchy - Theatre screening and discussion – Thursday 3 & 10 August, 7.30-9pm



Daytime Disco - Friday 11 August, 2-3pm (plus optional 30 minutes after for a chat)



Folk singing workshops – Wednesday 16 & 23 August, 3-4.30pm



Wisdom to Empower with Sara Challice (session 1) - Thursday 24 August, 4-5pm



Finding calm in stressful situations - Thursday 31st August, 2-3pm



What's on



Greater Manchester
Mental Health
NHS Foundation Trust

The Recovery Academy

The Recovery Academy provides a range of **free educational resources** for people with mental health and / or substance misuse problems, their families and carers as well as health care professionals.

All of our resources focus on supporting people with their recovery and promote good health and wellbeing.



face to face courses



e-Learning courses



digital resources

Spring / Summer 2023 courses in Bolton and Wigan

Bolton



22 Aug- Nature to Nurture



The Hive, Moss Bank Park,
Bolton BL1 6NB



20 Sept- Co-Production in Practice



Friends' Meeting House, 50
Silverwell Street, Bolton
BL1 1PP

Wigan



5 Sept- Raising awareness around Personality Disorder



Robin Park Indoor Sports
Complex, Loire Drive, Wigan
WN5 0UL



4 Oct- An introduction to the Recovery Academy



St. Peter's Pavilion, Hurst
Street, Hindley WN2 3DN

Interested?

To access our digital resources and book onto courses **you need to register.**

Go to the register / login section of our website to get started:

<https://recoveryacademy.gmmh.nhs.uk/> or phone 0161 358 1771

What's on

carers coffee morning

CALL 01942 697885
WWW.WLCCCARERS.COM

EMAIL:
INFO@WLCCCARERS.COM

EVERY MONDAY
FROM 10 AM
CARERS CENTRE
HINDLEY
WIGAN
WN2 3BD



Carers Coffee Morning is on
Monday mornings, arrive
anytime after 10 am.

It's a chance to meet other
carers, have a chat and a
lovely cuppa ☕

No need to book, just turn up!

**Please note we are not
open on Bank Holiday
Mondays**



Join us for a Garden Party

as we celebrate our

40th Anniversary



Live Music | Artisan Food | Craft Stalls

AUGUST
5
2023

WIGAN & LEIGH
HOSPICE
KILDARE ST,
HINDLEY, WN2 3HZ

11AM-
4PM

FREE ENTRY



Wigan and Leigh Hospice
Garden Party

Saturday 5th August 2023

11 am—4 pm

Wigan and Leigh Hospice

Kildare Street

Hindley

Wigan

FREE ENTRY

What's on

***"I found comfort, control,
and I felt safe because it
was all happening in the
comfort of my own home"***



- Empowered Conversation participant

Empowered Conversations is a free communication course for family caregivers of people with dementia in Greater Manchester.

Next course - starts on Thursday 10th August, 10am - 12pm

www.empowered-conversations.co.uk



Empowered Conversations

For any carers supporting someone living with
Dementia

The next Empowered Conversations course is
scheduled for

Thursday 10th August, 10am - 12pm.

Book here: <https://empowered-conversations.co.uk/at-home/at-home-2/>

What's on

Dementia Cafes in the Wigan Borough



Alzheimer's Society dementia cafés offer a relaxed social gathering for people with dementia and their carers. As well as a cuppa (and at Hindley we have lunch) you can also get advice, information, support and make new friends.

No need to book, just come along on the day and ask for Pauline. If you need any further information please contact Pauline - on mobile no. 07711 015330 (send a text or leave a voicemail with your contact details and Pauline will get back to you) or send an email to: pauline.blackie@alzheimers.org.uk

Hindley Café is our Dementia Friendly Lunch planned for the first Thursday of the month from 12 noon at:

Summat to Ate
48-50 Market Street
Hindley
WN2 3AN

6 July 2023
3 August 2023
7 September 2023
5 October 2023
2 November 2023

Wigan Café is planned for the second Tuesday of the month from 2.00 to 4.00pm in term time at:

The Wheel Restaurant
Wigan & Leigh College
New Market Street
Wigan WN1 1SE

NB for July and August only — change of venue
to Community Room at Tesco , Wigan Store
1 July 2023
8 August 2023
12 September 2023
10 October 2023
14 November 2023

Leigh Café is planned for the third Wednesday of the month from 10.30am to 12.30pm at:

Leigh Cricket, Tennis & Bowling Club
Beech Walk, (Off St. Helens Road)
Leigh
WN7 3LH

19 July 2023
16 August 2023
20 September 2023
18 October 2023
15 November 2023

Standish Café is planned for the fourth Tuesday of the month from 1.30pm to 3.30pm at:

St. Wilfrid's Parish Hall
Church Street
Standish
WN6 0JT

25 July 2023
22 August 2023
26 September 2023
24 October 2023
28 November 2023

Dementia Cafés ... so much more than a cup of tea!



Email: pauline.blackie@alzheimers.org.uk

Mobile: 07711 015330

Website: www.alzheimers.org.uk

Parent Carers



Parent Carer Coffee Morning

Carers Centre,
Hindley
WN2 3BD

Wednesday
13th September 2023
10 am—12 noon

[Book here](#)
or call us 01942 697885

Male carers

Male Carers Social Group

Carers Centre,
Hindley
WN2 3BD

Thursday
3rd August
1 pm—2.30 pm

[Book here](#)
or call us 01942 697885

Young carers



Avengers group enjoy a horse riding experience!

Avengers young carers group recently went to Thompson House Equestrian Centre for a horse riding experience.

A great time was had by all!

Young carers

Young Carers make their own bird boxes

Back in July, young carers came to one of our open access sessions and enjoyed getting creative and painting their own bird boxes.



Young Carers enjoy Gaming Experience

On one of our Saturday morning sessions in July, young carers had a fabulous time in the station wagon gaming van with 10 consoles ready to use: PlayStation Xbox and Nintendo on board - it was every gamer's delight, offering entertainment for all ages! Thank you so much The Station Wagon.



Fundraising



WLCC
Wigan and Leigh Carers Centre

Follow us:

Contact us:

01942 697885
info@wlcccarers.com

WIGAN 10K Support Wigan and Leigh Carers Centre

Wigan and Leigh Carers Centre
Registered Charity No. 1138908

Supporting unpaid Adult, Young Adult and Young Carers across Wigan and Leigh.

Jill and Kieron take on the Wigan 10 K

In September our Carers Triage Officers, Kieron and Jill, will be taking on this year's epic 11th HW Moon Toyota Wigan Wigan 10k to support Wigan and Leigh Carers.

"Myself and Jill are running to raise funds for our amazing and dedicated unpaid carers. The funds we raise will go towards continued support for them at the centre. If you fancy challenging yourself, you're welcome to join us." Kieron and Jill, Carers Case Officers.

We are thrilled that both Kieron and Jill are taking on this local challenge to support carers. If you have always fancied taking part but have nobody to do it with then this is your sign, come and join the WLCC team!

Any donations would be massively appreciated. You can support them here:
<https://www.justgiving.com/page/wlcc10k>

Save the date in your diary and come along and cheer them on!!

Fundraising



Silent Auction Alert!!!

With huge thanks and kindness from Leigh Leopards we are able to share with you the first of many of our upcoming Silent Auctions and Raffles.

This first one is AMAZING and we are so grateful to Derek Beaumont and all at Leigh Leopards!

This is your chance to bid for an experience like no other and raise funds for our charity. You will bid for a VIP Experience for two in the Leigh Leopards Owners Box.

1 x pair of VIP tickets to the AB Sundecks Owner's Box for the fixture against Wakefield on Friday 15th September 2023.

ARRIVE 2 hours before kick off

ENJOY A complimentary champagne reception

DEVOUR Three Courses from the Executive Kitchen

DRINK A selection of wines, beers and soft drinks

OBSERVE The greatest game of all time from the luxury of The Owner's Box

CONCLUDE With the post match analysis in the Premier Lounge

DELIGHT In a match day souvenir

Opportunities for pictures and signatures with the players.

All funds raised support unpaid adult and young carers living in Wigan and Leigh through our non-profit Charity, Wigan and Leigh Carers.

Want to know more and place your bid? Visit: <https://forms.office.com/e/AwEuVZA0ZK>

Job Vacancies

IN PARTNERSHIP WITH GMMH, WE'RE
ON THE LOOKOUT

FOR A NEW ADDITION



LIVING WELL NETWORK SUPPORT OFFICER

37.5 HOURS PER WEEK

FOR MORE INFORMATION
CALL 01942 697885
OR VISIT
www.wlcccarers.com

WE'RE HIRING



2 X YOUNG CARERS ACTIVITY WORKERS

- 8 HOURS PER WEEK
- SUPPORTING YOUNG CARERS

CONTACT US

 01942 697885
 info@wlcccarers.com



For more information CALL 01942 697885

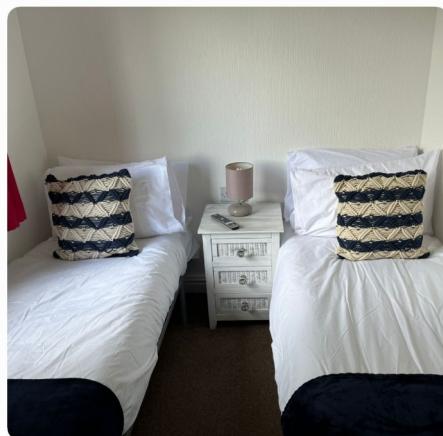
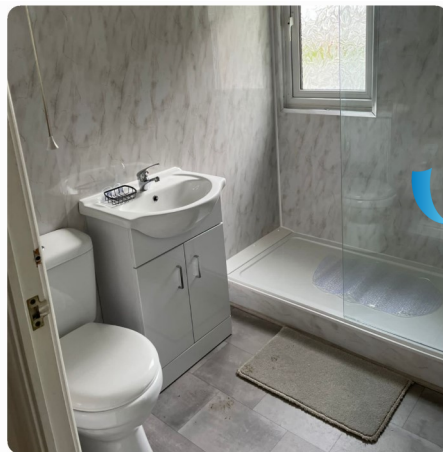
The Carlton Lodge

Holidays in Blackpool for Carers 2023

We are now taking bookings for 2023 at The Carlton Lodge Carers Retreat based on Haven's Marton Mere site in Blackpool.

We are thrilled to offer registered carers a 20% discount for 2023.

You can find out more information on our website [here](#) or alternatively call us for more information 01942 697885.



Useful Contacts

Local

Age UK Wigan Borough	01942 615880
Adult Services Wigan Council	01942 828777
Armed Forces Community HQ CIC Wigan	01942 821293
AWARM Plus	01942 404261
Blue Badge Permits	01942 489014
Children's Services – Wigan Council	01942 828300
Citizen Advice – Wigan	0808 2787 801
Continence Service	01942 482497
Crossroads Carers Support Group	07807 210 913
Dementia Buddy	01942 888990
DIAS (domestic violence)	01942 311365
Driven – Community Transport	01942 409602
Embrace - Wigan & Leigh	01942 233323
Greater Manchester Bereavement Support	0161 983 0902
Greater Manchester Mental Health – Wigan urgent response team	0800 051 3253
Healthy Routes	01942 836967
Healthwatch – Wigan & Leigh	01942 834666
I Care Meals	01942 820079
Later Life and Memory Service (LLAMS)	01942 764462
Lewy Body Society	01942 914000
Wigan and Leigh Mencap	01942 521722
Pensioners Link	01942 261753
Starting Point Plus	01942 489011
Stroke Association – Wigan	01942 775826
Think Ahead Stroke Group - Wigan	01942 824888
We are with you	01942 827979
Welfare Support - Wigan	01942 705221
Wigan Accident and Emergency	01942 822440
Wigan Alzheimer's Society Dementia Advisers	0333 150 3456
Wigan and Leigh Carers Centre (includes young carers also)	01942 697885
Wigan and Leigh Hospice	01942 525566
Wigan Housing	01942 832360
Wigan Parent Carer Forum - Wigan	07719 330602
Women's Aid - Wigan	01942 496094

National

ACAS	0300 123 1100
Attendance Allowance (AA)	0800 731 0122
Bereavement Support Payment	0800 151 2012
CALM Helpline (for men)	0800 58 58 58
Carers Allowance Unit	0800 731 0297
Carers Credit	0800 731 0297
Carers Trust	0300 772 9600
Carers UK	0808 808 7777
Disability Living Allowance (DLA)	0800 121 4600
Fire Risk Assessment Team	0800 555 815
Mind	0300 123 3393
Moneyhelper	0800 138 7777
Papyrus	0800 068 4141
Personal Independence Payment (PIP)	0800 917 2222
Rethink Mental Illness	0808 801 0525
Samaritans	116 123
Turn2us Information and advice on benefits and grants	0808 8022000
Universal Credit (UC)	0800 328 5644
Young Minds	0808 802 5544

Room for hire

Carers Centre Meeting Room for hire

- Looking for a local venue for your meeting or group?
- Not enough conference rooms in your office?

If you are looking to host a meeting, conference, training event or seminar close to Wigan, we have a room available at Wigan and Leigh Carers Centre in Hindley, available for hire.

Our bright, airy and fully disability friendly meeting room located close to Hindley town centre can be laid out in a variety of ways, and can host up to 15 people seated around the tables with the modern technology required by today's conference organisers.

Lunch and refreshment breaks can be taken in your meeting room, with kitchen facilities and restrooms available.

- Fully accessible
- Convenient location
- Free car parking close by.
- Value for money
- By booking our space, you are directly supporting our vital work supporting young and adult carers.

Prices

Day prices cover use of the room from 9 am until 4.30 pm and half days are 9am until 12.30 pm or 12.30 pm until 4.30 pm.

All day is £30.00 plus vat (£36.00)

Half a day is £15 plus vat (£18.00)

To find out more about renting office and/or desk space, please contact us 01942 697885, or email info@wlcccarers.com. **All profits from Wigan and Leigh Carers Centre go back into the charity to assist with other projects that support in providing much needed services to carers in the Wigan and Leigh area.**



WIGAN AND LEIGH CARERS CENTRE

SUPPORTING YOUNG & ADULT CARERS
IN THE WIGAN BOROUGH

Do you look after
a family member,
friend or neighbour
who cannot manage
without
your support?



WE ARE HERE TO SUPPORT YOU

CALL 01942 697885

EMAIL: [INFO@WLCCCARERS.COM](mailto:info@wlcccarers.com)

WEBSITE: WWW.WLCCCARERS.COM

WIGAN AND LEIGH CARERS CENTRE are a registered local charity who have been supporting carers for more than 10 years. If you're a WIGAN carer or caring for somebody living in WIGAN, we're here for you.

SUPPORTING YOUNG & ADULT CARERS

BEFRIENDING
BEREAVEMENT SUPPORT
CARERS ASSESSMENTS
CARERS CARD
EMOTIONAL SUPPORT
HELP WITH FORM FILLING
KNOW YOUR RIGHTS
ONE TO ONE SUPPORT &
ADVICE
SOCIAL GROUPS
TRAINING & EVENTS

We are here:

Wigan and Leigh
Carers Centre,
3-5 Frederick Street
Hindley,
Wigan,
WN2 3BD



01942 697885



info@wlcccarers.com



www.wlcccarers.com

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